

Melba Roelofs was born in Burlington, NC in 1949. She attended Walter M. Williams High School from 1965-1967. She attended the BSPE, Health, Physical Education and Dance University of North Carolina Greensboro 1967-1971. She attended the North Carolina Department of Public Instruction Teacher Athletic Trainer In-Service Program to educate and certify teacher trainers for North Carolina public schools 1979-1981. She received her MaEd, Physical Education with an emphasis in sports administration from East Carolina University 1989-1994. In addition, she was chosen to be part of the NCDPI TATIP in 1978 and received her National Certification in Sports Medicine in 1983. In the '90's, she became a certified coach and later became a certified coach instructor.

Melba played Class A softball in Alamance County from 1964-1974. She was selected All-State as a shortstop in 1968 and 1969. She also played softball in Onslow County in 1976 being selected MVP for the County Tournament. She also umpired softball in Onslow County in 1977. While attending UNC-Greensboro she played field hockey, basketball and softball. She was a starting fullback for the field hockey team from 1967-1970, was Tri-Captain in 1970 and was selected 2nd Team All-South in 1970. She was an Athletic Trainer in 1969-1971.

Melba was hired to teach physical education at Camp Lejeune from 1971-2005 and became a coach, athletic trainer and athletic director (200-2005). She was the 1st certified athletic trainer in Onslow County. She was the Head Certified and Licensed Athletic Trainer and Sports Medicine Coordinator for all sports 1983-2001 for Lejeune High. She taught sports medicine to grades 10-12 1982-1992. She initiated and coached the girls' track and field teams from 1972-2001. The teams captured state championships in 1989 and 1998, multiple regional and conference championships.

She initiated and coached volleyball from 1975-1985 and 1987. Her teams won six conference championships. She initiated and coached girls' softball and basketball from 1974-1975. She was involved with the Junior Olympic track and field teams from 1971-1978. She was involved with the National Junior Olympic teams in 1974, 1976 and 1978.

After retiring from Lejeune High Melba served as athletic trainer for Peak Performance Physical Therapy 2005-2010. She was the Certified Athletic Trainer for Dixon High School 2005-2012. Melba received the Distinguished Service Award from the North Carolina High School Athletic Association in 1999, 2000 and 2003. She was inducted into the Hall of Distinction Lejeune High School in the inaugural class of 2002. She received the Outstanding Teacher Award in 1981, 1988, 1991 Camp Lejeune Dependent's Schools. She received Coach of the Year Awards Lejeune High School in Girls' Track and Field 1981, 1983, 1985, 1986, 1989, and 1990 and Volleyball in 1977, 1980 and 1981. She was also named District III Pioneer Women of NATA. She served as Athletic Trainer for the NC State Championships Track and Field 1988-89, 1993, 1995, and 1997-98. Girls' Basketball in 1992 and Swimming in 1991-92. She was Regional Track and Field Director 1990-1995.

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