Stephanie Rose

Stephanie Rose was born on December 7, 1990 in Jacksonville NC. She attended White Oak High School from 2006-2009. She competed in soccer, cross country, and track. Her honors and awards were many, including the following: 2009 North Carolina Soccer Coaches Association Player of the Year, three-time NCHSAA All-State Team and All-Region Team from 2007-2009, four-time All-Conference honoree 2006-2009, 3A/4A MEC Conference Player of the Year 2008-2009, Jacksonville Daily News Offensive Player of the Year 2008-2009, MVP of the 2009 NC vs SC Clash of the Carolinas All-Star Game, and was featured in *Sports Illustrated* "Faces in the Crowd" for women's soccer - 8/18/2009.

She and her teammates would win four straight 3-A girl's soccer titles, defeating Southwest Guilford 6-1 in 2006; Charlotte Catholic 3-2 in 2007; T.C. Roberson 4-0 in 2008 and Kings Mountain 5-0 in 2009. Rose would earn MVP award in 2008 and 2009. In the 2009 championship game Rose would score two goals and assist on two others. The team was unbeaten in 22 starts and outscored their opponents 45-0 in six playoff games. She ranked #3 in goals scored for her career with 203 (47, 51, 49, and 56).

Rose also had an outstanding career in track at White Oak capturing the following awards in NCHSAA 3-A Regional Meets: 2006 2nd in the 4X800 and 3rd in the 800 meter; 2007 1st in the 800 meter, 4X200, 4X400 and 2nd in the 4X800; 2008 1st in the 4X200, 4X800, and 4th in the 4 X400. In the NCHSAA 3A State Meets: 2006 2nd in the 4X800, and 10th in the 800 meter; 2007 3rd in the 4X200, 4th in the 4X800 and 7th in the 4X400 and 800 meter; 2008 3rd 4X200, 6th 4X800 and 14th 4X400; 2009 2nd 4X400 relay.

Rose played for the OCSA 90 Coastal Crew where she and her team was semi-finalist in U16 NCYSA State Cup and finalist in U14, U15 and U17 NCYSA State Cup. They were a finalist in the 2007 Orange Classic U17 and CESA Classic U17 Championship and in 2008 they were US Club Soccer Region E Regional Champions and U17 National Champions.

Rose would take her talents to UNC-Wilmington in 2009. She would play soccer for the Seahawks from 2009-2012. In 2009 she was: All-Colonial Athletic Association All-Rookie Team, All-Colonial Athletic Association 2nd Team, led the team in scoring (18) and goals scored (7) and her team won the CAA Women's Soccer Champions (first in school history). In 2010 she was: 3rd team honoree All-Colonial Athletic Association and led the team in points (20), goals (8) and assists (4). In 2011 she was: All-Colonial Athletic Association 3rd team and led team in goals (5) and points (10). In 2012 she was NSCAA All-Mid-Atlantic Region and NSCAA Mid-Atlantic Scholar All-Region 1st Team, All-Colonial Athletic Association 1st team, led the CAA in goals (14) and points (40) while ranking 2nd in assists (12). She ranked among the top 35 players in the nation in points and established the programs single-season mark for assists.

Rose signed a one-year contract in 2013 to play professionally with the HJK Helsinki team, a member of the highest division of women's soccer in Finland. She became a member of the pre-season FC Kansas City Team (National Women's Soccer League) in 2014.